

Notification No.: 046/2018

10 April 2018

NAPFA 1.6 km Run Test 2018

Dear Parent/Guardian,

The **National Physical Fitness Award/Assessment (NAPFA)** Scheme is a test of physical fitness for Singaporeans as part of Singapore's Sports For Life programme. It is a mandatory requirement for every primary school pupil to participate in this test when they are in Primary 4 and Primary 6, unless he/she has a valid medical reason. If your child/ward is unwell on the day of the test, he/she must produce a medical certificate and pass it to his/her PE teacher. We will make the necessary arrangements for your child to take the test on another day.

Important note:

The NAPFA Run Test will be carried out in the afternoon and lessons will be conducted as per normal in the morning. The NAPFA 5 Static Station Test will be conducted during your child's PE lesson.

Pupils are advised to take a light lunch before reporting for their NAPFA Run Test.

Kindly take note that in the event of inclement weather, the test may be rescheduled to another date.

Attire

We seek your cooperation to ensure that your child/ward is in school PE attire and school shoes or proper sports shoes. Please take note that sport shoes are only allowed to be worn during the test and not during curriculum hours.

Things to bring

Your child is required to bring along a water bottle, towel and medication for e.g. Inhaler, cream for eczema etc. Kindly take note that we will not allow pupils who are asthmatic to take the test if they did not bring their inhalers.

If you have any queries, please contact me at 67586472. Thank you.

The details of the NAPFA 1.6 km Run Test are as stated below:

| S/O | Activity/Programme | Day/Date | Time | Venue |
|-----|-----------------------|-----------------------|------------------|--|
| 1 | NAPFA 1.6 km Run Test | Monday, 30 April 2018 | 2.30pm to 6.00pm | Yishun Secondary School Field. Pupils are required to report at Jiemin Primary School basketball court by 2.30 pm. |

Teacher-in-charge: Subject Head PE Mr Iskandar

Signature: 

Endorsed By: Principal Ms Cheah

Signature: 





CONSENT FORM FOR PARTICIPATION IN NAPFA RUN TEST

To: Teacher-in charge

Register No.

I, *parent/guardian of _____ (name of pupil) of

Pri _____ (class)

consent / do not consent to my *child's/ ward's participation in the following activity.

If your child is unable to attend the NAPFA test, please state your reason/reasons for his/her absence and attach a valid medical certificate. Thank you.

| | | | |
|--|---|--|---|
| DISMISSAL ARRANGEMENT (ONLY APPLICABLE FOR AFTER SCHOOL HOUR DISMISSAL) | ** Please tick (√) My child will give me a call when his or her test ends and will: <table style="width: 100%; margin-top: 10px;"> <tr> <td style="width: 50%; vertical-align: top;"> <input type="checkbox"/> go home alone by the main gate. <input type="checkbox"/> be fetched by me. <input type="checkbox"/> other arrangements: Please specify: _____ </td> <td style="width: 50%; vertical-align: top;"> <input type="checkbox"/> be fetched by a family member. <input type="checkbox"/> go to JPS Student Care Centre </td> </tr> </table> | <input type="checkbox"/> go home alone by the main gate. <input type="checkbox"/> be fetched by me. <input type="checkbox"/> other arrangements: Please specify: _____ | <input type="checkbox"/> be fetched by a family member. <input type="checkbox"/> go to JPS Student Care Centre |
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Name of parent/guardian*: _____ Signature/Date: _____

Contact Number: _____(Home) _____(Handphone)

*Please return this form to your child's form teacher by 13 April 2018.
Thank you and have a nice day.*